COMPENDIUM of the OPERATIONS VERTUES and USE Of Dr. NENDICKS App'auded ANTIPANCRONICON,

That moſt Succeſsful Medicine, which is ſo deſervedly CALLED,

The POPULAR-PILL.

For its ſpecial Vertues, Safety and Succeſs, againſt that Dangerous and our Nations POPULAR Diſeaſe, the SCURVY.

ITs Obſervable, ſome diſeaſes are familiar to ſome Nations, which others are altogether free from; as *Leproſie* is very familiar among the *Egyptians*, ſwell'd throats to the Inhabitants of the *Alpes*, the *French POX* in ſome parts of the *Indies*, ſo in theſe parts our common diſeaſe is the *Scurvy*, which is bred from corrupt humours, which ſtrangely taint and foul the bloud, and fills the veſſels with obſtructions, raiſing vapours that cauſe ſwimming and diſſineſſe in the head, makes the whole body dull and heavy, cauſes ſwarthy complexions, fluſhings in the face, Worms, black looſe and aking teeth, ſore and bloudy gums, ſtrong and ſtinking breath, ſtraitneſs of breath, difficulty in breathing ready to die, ſour belchings, waterineſs at ſtomach, wearineſs and weakneſs of the limbs, faint ſweats towards morning oftentimes the cauſe of barrenneſs, ſometimes ſpots red, blewiſh or purple are in the legs, in ſome it is like fleabites or itching watry pimples like the ſtinging of nettles; it cauſes windineſs in the veins, pricking and itching in the bloud; In many the *Scurvey* holds them with violent pains in divers parts of the body, in others again only wandring pains, heats and twitchings up and down; in ſome it breaks out in ſcurf, tettars, dry ſcabs, in head, face or body; when the *Scurvy* hath got firm footing, it is the worſt of all diſeaſes, it will be like the *Spleen* in ſome, like a *Conſumption* in another, like the *Gout* in others, like the *Pox* in others, that many that have had it fear they are ſtill amiſs; becauſe they miſs the right medicine, never dreaming they have the *Scurvy*, which is the undoubted cauſe ſo many

lie lingring and pining under so many tedious and difficult diseases; for scarce any disease but has a spice of the *Scurvy*. I affirm with able Doctors that have lately seen the success of this Pill in divers parts of *England*, as well as those in other Countreys, that no Medicine can be trusted, or will reach this disease in the bloud like this Pill, which has obliged me to set down the Causes, Signs and Cure of the *Scurvy*, that so disperses it self, that those inclining to it may prevent it by this *Pill*.

It removes all ACHES, PAINS, and Setled HUMORS infallibly.

SPring and Fall being the chief times, to purge in, to carry off the Relicts of any disease. And those that expect Remembrances *Spring* and *Fall* of diseases and pains they are subject unto, not only hinder the old grudges of their disease, but keep it quite away, and Cure themselves, being the best thing to cleanse the blood, and keep the body from being out of order.

Lately a Gentleman Aged above 70 years, returned me thanks for the Extraordinary cure of *several Aches* and windy swellings that had troubled him many years, by a Box of my Pills he bought of Mr. *John Willford* Merchant in *Falmouth*.

One Dose oftentimes doth a great Cure; Enquire of M. *Richard Forstall* Grocer in *Canterbury*, *What a Cure a dose or two of my Pills did on a Woman, that for Pains, Lameness, and other weakness, had not gone out in half a year before.*

Other great Cures and Vertues of the Popular Pill.

IT is the great *clenser* of the Reins, *By Urine* it visibly brings away slime, and makes you void sand and gravel, every time you make water, till cured; some pounds has been brought away by this *Pill*, but always with very great ease.

IT immediately eases any *heat* or *sharpness of urine*, cures the *running of the Reins*, and cures *ulcers of the Kidneys*, and brings away all slimy matter that breeds the *Stone*, and causes great bearings down in making water; it frees the Bladder and Reins of all *stoppages*; *bloudie water*, as more or less you may find by the dreggie setling, and flyings in the *urine*; it causes those to make water plentifully that could not in many days before, having ever had such experience and success by this Pill.

Another great Cure or two wrought by my Pills, *A child that having not made water a considerable time, and in great pain by the stoppage, nothing but bloudy water and filth was perceived to come away, insomuch that a Chyrurgion had resolved to have opened the Passage, but the Parents being advised to try my Pills, they drive out much filth and matter, and brought away the Childs water in abundance*; Any one upon Enquiry may have a larger account of Mr. *John Moyes of Wisbech*, who sells my Pills.

No other perswasion need be but the trial, for more cannot be done by any Medicine, upon inward wastures & decays in nature, it strengthens weak backs, or any wrench or overstrain, stays all *weepings, moistures, whits, all Womb diseases or Bearings down, that cause barrenness in hundreds*; *besides, in elder Women that are liable to have Cancers in their Breasts, Womb, Noli me tangere, and divers diseases, when the course of nature is stopt*; purging now and then with the Pill keeps off these evils, which usually comes from these stoppages.

It expells wind both ways, and because most that are troubled with these infirmi-

ties,

ties, are much troubled with wind, I will set down this, *A poor Woman that came from* Kilgarren *in* Wales *unto* Cardigan, *to get Cure of a sad and sore distemper, but found no good, but to compleat her misery she was left Penniless, in pain, and no Care, yet even then she met with cure from a Box of my Pills which were given her by Mr.* Matthew Griffith *in* Cardigan, *They did expell winde, brought away store of gravell, and recovered her in this distress, and she returned home well, that in three years before had not the right benefit of Nature.*

It rectifies the *heat* and *foulness of blood*, purifying the whole man by purging the faults in the blood, the best way for the cure of any disease; by this way it mightily hastens the cure of *sore breasts, sore eyes, scald heads, venemous bites, Kings-evil, kills any tettar, salt humours, scabs, and all sorts of breakings out or swellings* whatever.

This Pill keeps the blood from being inflamed and quickly rids children and others of those diseases they brought into the world, and by a use of this pill any may secure themselves from falling into those diseases as they might derive from their parents, for it will grow familiar with their bodies, and takes away the humour that feeds such kinde of diseases, as *Kings-evil, Fistula, and running humours.*

One whole box of Pills, not only saved the life of Mrs. Katherine Basket *of* Cranborn, *who was swel'd, and extreamly stopt up with phlegme, but also cured her of a salt tettarish humour she had many years Spring and Fall*; *Mr.* Willets *son of twelve years old in the* Maze *in* Southwark, *who had dry scurvey scabs, which he was born withal, though worse Spring and Fall, had tried much in all this time, but to little purpose, was beyond expectation with five doses or six of my Pills cured, and remains well to this day.*

I lately had an account (of a swelling in the face quite taken away by my Pills) from Mr. Lancelot Furnass *of* Newcastle, who sells my Pills there.

By these Pills William Kirk, *the Countess of* Lincolns *Gardiner was cured, when his arm and hand began to rot, by an humour as fell into them, and saved the use of his hand.*

M. James Parsons *in* Bell-Court *in* Carter-lane, *of bloody Urine and Gravel he was born withall, his kidneys were very foul and ulcered, yet then he found cure.*

IT drives away Melancholy and Sighing which feeds diseases, frequently causes the scurvy, experience confirms this, that many are miserable by nourishing grief or discontent, and draw diseases upon themselves; and many that have endured much hardship, as well as those that have spoiled their bodies by hard drinking in their young days, may find a friend of this Pill, which for saving people from falling into such diseases, and for recovering many out of these conditions, I may say my Pill is a Remedy for the worst evils of this life.

IT is an excellent *Head-purge*, for all distempred in head, or have bad heads, with *Lach, rheumy eyes, noises* & *hard hearing*, and beyond any Medicine for those naturally bound or hot bodied, which is bad for the head, being used by many for that purpose to keep the body open, for it never leaves the body bound afterwards, nor hinders business, it works so kindly with all people.

THey discharge the body of mixt humours by *stool*, brings away *corruption*, congealed bloud, filth and slimy matter of all Colours, from impostumes, in-

ward bruiſes, old colds, and ſurfeits of many years ſtanding, whereby many ſecret and hidden griefs are cured, which otherwiſe muſt have ended in death.

This Pill carries off the very matter that breeds worms, which not only makes the bodies of children pine away and not thrive, but alſo elder perſons are ſhrewdly handled with worms, as is apparent by the worms often brought away, ſome dead, others alive, by this Pill; its a ſecret help for all *Vapours, riſings, ſtuffings, clogings,* or *knawings at the ſtomach, carrying of wind, water, or phlegme the right way,* and abſolutely hinders a *ſtinking breath,* which uſually attends thoſe as have the *Scurvy.*

For want of purging after a fit of ſickneſs, ſome are the worſe all their life after, my advice is, to purge with the Pill, to carry off the dregs, and prevent relapſe.

The *Scurvy* and many diſeaſes are long growing, and ſteal upon people, then prove hard to cure, ſuch lurking diſeaſes few are ſenſible of at firſt, only finde themſelves out of order, till they fall down right ill, but now and then taking the Pills, might keep back but prevent their coming again, and procure a healthy conſtitution.

[Therefore *Principiis obſta--Be not ſick too late,--nor well too ſoon.*]

The benefit of this Pill cannot be valued by ſuch as go to ſea, or that live near the Fenns or Sea Coaſts, who partly from bad diet, unwholſome water and drinking of forreign Liquors, continuall ſea fogs, miſts and damps, are of all people the moſt afflicted with the *Scurvy,* but a better medicine cannot be preſcribed then this Pill for the *Scurvy,* it laſts good the longeſt Voiages, and has been ſo ſucceſsful that the like is not known by any medicine yet made publique, the Abſtract of a letter form Mr. *George Macey* Merchant in *London*----Point *Cagua* 14 *Jan.* 1672. *Jamaica.*

Dear Doctor, *this is the firſt conveyance; We had a long Paſſage from* St. Thomas *to* Antiqua, *where miſſing* Barbadoes *we fell down here this ninth inſtant; This is to acquaint you of the excellency of your* Popular Pill, *of which you furniſhed me with a ſmall parcel; our Doctor being ſick, his Mate dead, and others ſick of diſeaſes, I uſed the Pill, and recovered the Ships company, further our Doctor and three more had a* fettiſh *given them, drinking* Palm-Wine *aſhore, it is a weed that the* Blacks *bruiſe and keep under their nails, and infect the brims of their* Callabaſh *or Cup, and ſo poiſon any they bear a grudge unto, that they ſhall die what time after they deſign; I practiſed this* Pill *again, and recovered them, and was courted for it, but ſpared none unleſs to* Min Heer, van Ganſopoel *General of* Morea *Caſtle; in ſhort, it hath done ſtrange and unheard of Cures, cannot be extolled beyond its worth; I queſtion not but you will hear of other Relations from Marchants of its Cures;* This came by Captain *John Collins* of the *Providence.*

This is that Pill that expells poiſon and poiſonous phiſick, brings thoſe to a good conſtitution, as have been ſpoiled by *Fluxing* or mercurial medicines, which often happens to thoſe as have had the *Pox* or *running of the Reins,* whoſoever hath formerly had any of theſe diſeaſes, had it ſtopt too ſoon, dread a relapſe, or the mercury not well carried off; leſt it ſhould ſettle in pains in ſhins, head or arms, or end in ſoar throats, with loſs of pallat, ſpeech, *&c.* let the patient confide in the Pill.

To juſtifie my pill above any others for this cure, take this account, it occaſionally fell out betwixt one *Thomas Rutland* Def. and another which was Plaint. upon a tri-

al of Law, *The Councellors moved, that it was work enough for a Colledg of Physicians to make* T. Rutland *a sound man; then the Witnesses swore, that* T. Rutland *had been purged, blooded, sweated, salivated, fluxed, diet-drinked, and had his shins laid open, and foul bones taken away, and left off as past the help of man, yet with my Pills was made well of this foul disease, and so remained well this three years.* This was sworn in open Court, as may be found upon Record in the *Marshals* Court in *Southwark*. The fame of this cause drew many *Artists* and *Doctors* to hear it. This Trial was upon *Octo.* 29. 1675. M. *Urwin* of *Cliffords* Inne was the Defendants Attorney.

These are the Pills that in a Fort-nights time I cured a man, whose yard rotted off, it is sufficiently known in *Scroops* Court, against St. *Andrews* Church in *Holburn*, *London*; it was a small thing at first had he came to me, or bought a few of my Pills, he had prevented it, but it was run too far, and spoiled before he came.

Where *Scabs, Shankers or breakings out, or swellings be bad*, and business calls for a speedy cure, come your self, or send, I can supply you and help you at what distance soever. The running of the Reins got by a strain or otherwise, known by a sharpness in Urine, and issue at the yard, it is presently carried off, if you purge well with the Pills, and follow it close, but if it be a *Gonorhœa lachrimalis or gleet*, it may require something more. Note, *to read this will infect none, the Pill will keep those infected from being spoiled themselves, or from infecting others, for its a disease got many ways, and many sober persons have escaped the sin, that have not escaped the disease, for whose sakes I have wrote so much; As also that medicine as will cure the* Scurvy, *will reach any disease, and will never do hurt to any;*

To conclude, this is that Pill that in any disease whatever, goeth not off without good effect, never failing where there is hopes of a Cure, having raised many given over in the eye of man; for its operations in some cases is rather miraculous then reasonable, recovering many as it were by an extraordinary hand.

Some lately cured by these Pills, are the persons following.

Mr. Nich. Dobson *at the sparrows nest* Drury-lane, *who was in such pain in his limbs, that he chose to die. Captain* Long, *who lay at the Bell in* Islington, *he could not go out for his pains and weakness of the Scurvy.* Mr. Eaton, *Victualler against the May pole* Strand, *of a Cancer on his face, and great bleeding at the nose.* Mrs. Christiana, *at the wheat Sheaf in* Baldwins gardens, *who lost the use of her limbs by a surfeit and cold.*

Mrs. Carter *in Dagger alley at Cow cross, of a cruel sore-throat and quinsy, her neighbours expected her death. Mr.* John Alsop *in* Whites-alley *near* Fetter-lane, *of a stoppage of Urine with bloudy water by a great bruise. At the Last in* Munmouth-street *near* Lincolns-Inne fields, *two boys of a scurfie salt humour born with all. Enquire of Mr.* Ford, *next to the Duke of* Yorks *Pell-mell, of a Family recovered of the new disease by the pills.*

The Master of the Kings head at Kensington, *was cured of an old head-ach, by a box of these Pills. In* Wallum Green, *near* Fulham, *Mr.* Buckels *childe had a salt humour in the leg, and other swellings, that run like a tap, could not be stoped, it was born with it, but is cured by the Pill, is now well and lusty. In* Prestaine *in* Radnor, *Mr.* Whettal *gun-smith, had been laid up long with swelling and pains of the* Scurvy, *that he could not*

sit

sit upright, was by few Pills so recovered, that he rode the Countreys to the wonderment of all thereabouts, it being a thing so little expected, ever could be done.

A person of quality, sadly afflicted with the Dropsie *and* Scurvy, *yet would not hear of any Physick, at last was perswaded to try my Pills, which cured him, and brought him to a healthy Constitution, he had these my pills of M.* Mathew Griffith *of* Cardigan.

In Newton *near* Wisbech, *Mr.* Folters *childe almost dead, for want of pissing, was eased presently. In* Oundle *in* Northamptonshire, *a friend of Mr.* Filbridges, *had cure of great Stiches, Vapours and bloudy Urine, who had been left off as past help, by the best Physitians thereabouts, yet was cured in short time. In* Cows *in the* Ile of Wight, *Mr.* Mathew Phrips *Brother, by a few doses had such ease of the* Gout *and* Scurvy, *that he left of his Crutches. A Gentleman of* 65 *who had long lost the use of his Arm, and could not lift a cup to his mouth, had the use of his limb by a few pills. And another person recovered of a* Vertigo *and lightness of head, by my Pills they bought of Mr.* Samuel Thomas *of* Sallop. *In* Ludlow *in* Shropshire, *a maid a friend of Mr.* Scots, *had cure of the Dropsie, who was full of scurvy spots also. In* Gleane-alley *in* Southwark, *Mrs.* Kirton *was cured of the pain in head, and bad eyes, and full of the* Scurvy.

In Dublin *was Cured Judge* Halseys *son of the* Kings-evil, *he had been touched many years before, the soars was verily thought incurable, but my Pills fails not in that cure.*

More might be said of these Cures, and more Cures might be inserted, for I have daily accounts of the Cures they do, from most parts, by reason many send for my Pills by the Post, even some persons of Quality, who highly esteem of my Pills for the Cures they daily do upon the poor, for one tells and advises another to these pills in the worst diseases, which encourages all people, even Doctors themselves, to use my Pill for the Scurvy.

Full Directions how and when to take the Pills, how long and how often, &c.

THe last thing going to bed, after a light supper, take four Pills which is the ordinary dose, swallow them one by one or all at once, in pap of a rosted Apple, honey, Conserve, or a spoonful of drink, or in sugar, or how you can best take them, no danger comes by sleeping upon them, for then they impower nature to give a breathing sweat, and search all parts, but work not till the morning.

2. If you finde it most convenient, you may take them early in the morning, and go about your occasions, and drink a small draught after them, to wash them down, if you please, neither need you be tied to broath or posset drink if you can compass warm ale, but eat not till noon, if you can help it.

3. If you finde you can bear five or six Pills or more, take them, for they are so safe and work only upon the humours, that any person may take as many pills as he findes his body can bear, being the safest Pill in the world.

4 If you finde your self maukish or dry, by stirring the humours, you may refresh your self with what liquor you like best.

How long and how often the Pills should be taken.

1. Take the Pills for two or three days together, then leave off a day or two, and begin again, for the worser the disease is, the closer must the Pills be followed and be longer taken, that is as often as strength and the disease can in reason call for, for the Pills will not work upon nature but the disease.

2. To

2. To prevent diſeaſes, as to keep off the *Scurvy*, to cleanſe the blood, or the Reins, or after hard drinking, take the Pills now and then, or as there is occaſion, or elſe *Spring* or *Fall* is ſufficient.

3. In any ſuddain illneſs, *in head, back, or ſtomach, got by cold, ſitting up late, by hard drinking, any ſurfeit, or by infections or change of air*, preſently take the largeſt doſe, to carrie off the danger, for no better medicine can be kept, againſt ſuch occaſions.

What doſe may be given children, women with child, or weak perſons.

1. Children may take a Pill or two, or three, according to the childs ſtrength, give them the Pills, which way you can beſt get them to take them.

2. Women with child that have occaſion, may take a doſe according to their ſtrength, without fear of miſcarriage, nay it is ſo far from doing hurt, that it helps where moiſtneſs or weakneſs of thoſe parts be the cauſe of barrenneſs, alſo it alters the faults of the milk & womb, that children may be born healthy, not diſeaſed.

3. Thoſe that are brought low with ſickneſs will quickly finde their weakned bodies recover, if they take that doſe as beſt agrees with their ſtrengths, for it is a healing balm to the conſumptive waſtures and decays of the inward parts.

The nature and operations of the Popular Pills.

1. Theſe Pills will not lie in the body and do hurt, but will work more or leſs, one way or other, neither will they prove uſeleſs and come out whole, yet in bodies full of ſcorbutick humors, or are hard to work upon, if the pils work not to content, or as much as you might expect; either take a larger doſe or bruiſe them, before you take them, but you cannot expect the pills always to work alike.

2. The Pills do not cure all diſeaſes by purging, although they always work by ſtools, more or leſs, as the cauſe is, but ſometimes where they finde the body hard to purge, they caſt out thin matter and cleanſe the blood by breathing ſweat, not ſo much by ſtool, or viſibly cleanſe the Reins by Urine, or elſe gives eaſe and reſt in pains and aches, or expells wind, but ſeldome Vomits, unleſs the ſtomach be foul, and then it eaſily brings off ſalt water and bitter cholerick humours, which nature could not diſcharge any other way.

Obſervations upon the ſafety and ſucceſs of the Pills.

1. Theſe Pills may be taken in any ſeaſon, whenever need requires, they are ſuch moderate phyſick, ſo ſafe, the doſe ſo ſmall, yet works ſo effectually and ſo kindly, that any one may chearfully go about their occaſions, for it gripes not unleſs there be much windy matter to work upon, and never makes ſick unleſs it meets with ſome obſtruction, or opens ſome old ſtoppage, which muſt be an exceeding benefit to nature, and ought highly to be priſed by ſuch as would keep themſelves well, being neither loathſome great Pills, nor violent Phyſick; for they are much too blame as give violent phiſick in the *Scurvy*, but ſuch as cleanſes the blood withall, like this Pill.

2. Let every diſeaſed perſon that reads this book, believe he reads his own cure, for it never miſſes where recovery is hoped for, and for ſmall charge will do good or a cure, although ſome may not finde it ſo ſoon as others, yet with patience and a thorough trial they may, for no doubt but they will continue to work the ſame cures again and again. *It fetches thoſe to their complexions that have the* Scurvy. The

The generall rules for what diet you must not use.

1. If you can while you take the Pills, eat no salt or windy diet, drink no Claret, or be intemperate in drinking in any Cure, but especially in *Ulcers of the Kidneys, Gravel, Heat in Urine, pricking pains, or Running of the Reins*; although many have been cured, and never observed any order at all, but to take the Pills constantly and close together, and in the largest dose they found they could bear, which is also the best way in all chronick and stubborn diseases, *as Scurvy, all sorts of Dropsies, and white swellings, or where the flesh pits, the Jaundice, Green-sickness, Stopages, Kings-evil, the Pox, Gonorhœa, Joynt pains, Aches, Scabs, Tetters, Swellings, and all heat, and foulness of the blood whatever, curing most diseases by cleansing the blood.*

2. This pill is not only known in *England* and cry'd up in *London* for its doing good, since it has been published here, but has gained great esteem over *Italy*, for its infallible operations, is used at the *Lazaretto*, and *incurabile* in *Venice*, being the great clenser of the *Reins*, and only curer of that popular disease the *Scurvy*.

The whole box of 40 Pills, is three shillings, but as they are the best so they are the cheapest, for the half box of twenty pills is but Eighteen pence, which serve some five times taking, each tin box is sealed with two Crosses and a demi-Griffen.

These Pills are Sold by these Persons following.

Mr. *Allansons* milliner against plow-yard *Fetterlane*.
Mr. *Moore* in Princes-street Bookseller near *Drury-lane*.
Mr. *Sharp* Mathematical Instrument maker against the Sarazens head within *Aldgate*.
Mr. *Tho. Dicker* at the black Raven on *Snow hill* Cutler.
In *Daintry* by Mrs. *Mary Moss*.
In *Northampton* by Captain *Scot*.
In *Norleach* by Mr. *Page* Writingmaster.
In *Gloster* at M. *Ludlow* a Milliners shop.
In *Cheltnam* by Mr. *William Smith*.
In *Cirencester* by Mr. *Rob. Meddus* Herald painter.
In *Parshore* by Mr. *Tho. Mason*.
In *Wotton Underege* by M. *James Turner* Barber Surgeon.
In *Worcester* by Mr. *Cox* Clock maker.
In *Kiderminster* by Mr. *Read* Bookseller.
In *Bremingham* by *Tho. Paget* at Mr. *Smallbrooks*.
In *Gromsgrove* by M. *Jonathan Butler*.
In *Shrewsbury* by Mr. *Samuel Thomas*.
In *Newport* by Mr. *Stanton* at the Swan.
In *Ludlow* by Mr. *Richard Scot*.
In *Lempstar* by Mr. *Hardwick* Glover.
In *Ross* by Mr. *Baldwin* Tinman.
In *Bromyard* by Mr. *Richard Smith*.

But by reason of the extraordinary charges, the whole Box is sold at 3 and 6 pence, the half Box is one and twenty pence, in *Ireland*, and are sold by Mr. *James Malone* Booksel. in *Skiner Row* in *Dublin*, and in *London Derry*, by Mr. *John Bucanan* mercer. But are dearer in these parts following, In *Jamaica* at *Port-Royall* by *Mr. John Fleming*, In *Barmoodos* in *Devonshire tribe*, by *Mr. Sam. Wise*. In *Tangier* by *M. Edward Cheston*.

These Popular-Pills are only prepared and published by me *Humphrey Nendrick*, and will be delivered unto any Messenger at my own House at the two black Ports within the *Petty-Canons*, the Court turns in just at the Joyners Shop in the midle of the Booksellers Row in St. *Paul's-Church-yard*, *London*.